

Tammy Bernard
LPN
Lancaster County Prison



When I came to New Choices: I was on the brink of changing my life by starting school. I had lived in a homeless shelter and struggled with personal decisions that I often needed to make I came to the program knowing where I wanted to be in a few years and with an idea how to get there.

The New Choices Program gave me: concrete ways to complete my goals. Trish offered guidance, support, friendship, and made me accountable to someone when I wasn't being accountable to myself. It helped me to remain focused and connected to my goals.

Today I am: working as a LPN and planning to become an RN. I feel my future is bright and that my life is on a solid path in a positive direction.